

WHEN GOOD GIRLS GET IN GOD'S WAY

Anchor Text: Galatians 1:10

"Am I now trying to win the approval of human beings, or of God?
Or am I trying to please people?
If I were still trying to please people, I would not be a servant of Christ."

1. The Good Girl vs. The Godly Woman

Have you ever done all the "right" things and still felt exhausted, unseen, or stuck?

Sis, you're not alone.

From a young age, many of us were taught to be **good** — not necessarily **godly**.
To stay quiet. Stay small. Be liked. Be chosen. Be good.
But Scripture doesn't call us to people-please our way through life.
It calls us to serve Christ **boldly** — without needing applause, agreement, or permission.

This Bible study is your permission slip to *break up* with the good girl performance trap...
And step *into* your power as a woman of God.

2. Key Gems 💎

- You can't be led by God and addicted to approval at the same time.
- The "Good Girl" performs to stay safe. The "Godly Woman" walks in truth to stay free.
- Jesus never called you to be palatable. He called you to be powerful.

3. God's Receipts (Because We Love Receipts)

📖 Galatians 1:10 – You can't seek people's approval and serve Christ.
📖 John 5:44 – Don't chase glory from others and miss the glory from God.
📖 Matthew 6:1 – Don't do good for the sake of being seen.
📖 Ephesians 4:15 – Speak the truth in love.
📖 1 John 4:18 – Perfect love casts out fear.
📖 Galatians 5:1 – You were set free to live free.

4. Time to Get Real!

Let's reflect:

- Where have you been performing for approval instead of walking in purpose?
- What would change if you let go of being liked and chose to be **led**?
- What is one place in your life where you've silenced your truth to keep the peace?

5. Word Study Highlights

📖 *Doulos* (Greek: δοῦλος) – *Servant, bondslave*

In Galatians 1:10, when Paul says "servant of Christ," he uses the word *doulos*, not volunteer, not people-pleaser, not helper. *Doulos* means a **devoted bondservant** who no longer lives for themselves.

🔥 **Fresh Revelation:**
God doesn't need more "good girls."
He's looking for **loyal daughters** who will go where He sends them, even if it offends, disrupts, or requires you to walk alone.

6. Sincerely Talk to God!

"Lord, I release my addiction to applause.
I break agreement with the lie that being liked is safer than being obedient.
I want to be Your servant not just someone who performs for people.
Give me the boldness to tell the truth, the courage to walk in freedom,
and the wisdom to stop editing myself just to keep others comfortable.
In Jesus' name, amen."

7. Let It All Out, Sister!

Journaling Prompt:

- Where did you first learn that approval = safety?
- What has being the "good girl" cost you emotionally, spiritually, or relationally?
- What would your life look like if you trusted that **God's love is enough**?

8. Speak Life, Queen!

✅ I choose assignment over applause.
✅ I don't need to be liked to be led.
✅ I obey from love, not lack.
✅ I release performance. I walk in power.
✅ I am not a good girl. I am a godly woman.

9. One-Day Devo – Galatians 1:10 as a Filter

📖 "Am I doing this to please people or to serve Christ?"

Reflection:
What decisions are you making out of fear of what others might think?
Where is God asking you to obey even if it makes you look "too much"?
What would it look like to live your life for an **audience of One**?

🧠 Challenge:
Use Galatians 1:10 as your new spiritual filter.
Before you say yes, post it, date them, wear it, or commit to it ask:
"Am I doing this for approval or for obedience?"

✨ NEXT STEPS

Ready for more?

🎓 Join the **House of Women Membership** — a space for smart, spiritual women like you who are done second-guessing their worth. JOIN HERE
💎 Grab my book *The Sisters Stay Dropping Gems* for more truths from powerful women in Scripture.
📺 Subscribe to House of Women on YouTube. We're on the road to 1,000 subscribers and every single one matters.

📣 **Don't keep this to yourself! Share this study with a woman who needs to remember that she's still worthy.**