

House of Women Live Study Guide

Bathsheba's Story: From Scandal to Sovereignty

4 Ways Bathsheba Teaches Women to Heal from Shame

A Bible Study on Grace, Power, and Recovery
By Pastor Kim

👑 Bathsheba Wasn't a Scandal. She Was a Survivor

Bathsheba was pulled into a situation she didn't choose, blamed for desires she didn't provoke, and grieved losses she didn't deserve. Yet, somehow... she rose.
She rose as a mother. A queen. A strategist. A woman of grace and wisdom.
Her story isn't just David's backdrop, it's your blueprint for healing.

✨Key Gems:

- Your body is not a battleground for someone else's brokenness.
- You are allowed to grieve what *should've been.*
- Rising doesn't mean forgetting. It means *reclaiming.*
- You can rule with power even after you've been wronged.

🙏 PRAYER FOR HEALING & RECLAMATION

God, I bring You the shame, the shadows, and the silence.
Remind me that what was done to *me* doesn't define what You can do *through* me.
Give me grace to heal, wisdom to rise, and power to walk with my head held high.

I release guilt that was never mine, and I receive the crown that always was.
In Jesus' name, amen.

📖 God's Receipts (Because We Love Proof):

- **2 Samuel 11:2** – David saw Bathsheba and sent for her.
- **2 Samuel 12:7** – Nathan said to David, "*You are the man.*"
- **1 Kings 2:19** – Solomon bows before Bathsheba and seats her beside him.
- **Romans 8:28** – All things work together… even this.
- **Lamentations 3:33** – God does not willingly afflict.

💡 WORD STUDY HIGHLIGHTS:

טוֹב (tov) – "Beautiful" in 2 Samuel 11:2.
It means good, desirable, pleasing—used by God in Genesis to describe creation.
➡️ *Your body is not a temptation—it's a testimony.*

אִישׁ (ish) – "Man" in 2 Samuel 12:7, a person with moral agency.
➡️ *David held the power and the blame. Not Bathsheba.*

יָמִין (yamin) – "Right hand" in 1 Kings 2:19, symbolizing favor, authority, and elevation.
➡️ *You still have a seat of honor, even after sorrow.*

LET'S REFLECT: Real Talk, Real Healing

1. **You Are Not Responsible for Someone Else's Lust**

📝 *When have you blamed yourself for someone else's behavior?*
🌀 *What's one lie you believed about your body, and what truth can you speak over it today?*

2. **Release Guilt That Doesn't Belong to You**

📝 *What guilt have you been carrying that God never gave you?*
💬 *Write: "This was done **to** me, not **by** me." Say it aloud.*

3. **You Can Rise Again—Even After Exploitation**

📝 *Where in your life are you reclaiming your voice, your value, or your visibility?*
📣 *Who is one person you can encourage this week with your healing testimony?*

4. **God Didn't Need Your Trauma to Make You Powerful**

📝 *What do you need to grieve that never got to be? (A relationship? A version of yourself? A dream?)*
🕯️ *Light a candle and honor her.*

📖 ONE-DAY DEVOTIONAL:

From Powerless to Positioned

Scripture: 1 Kings 2:19
"So Bathsheba went to King Solomon… and he bowed to her."

🌀 Reflection:

- What if your dignity isn't in being untouched by pain, but in being *unshaken* by it?
- What if your crown is coming—not because of the scandal, but because of the *grace* that followed it?

📌 Meditate on this:
"God doesn't erase my pain. He anoints me in spite of it."

🗣️ SPEAK LIFE, QUEEN

✅ I am not what they did. I am what God declared.
✅ I am not a scandal. I am sacred.
✅ I release every ounce of guilt that isn't mine.
✅ I rise like Bathsheba. Wise, worthy, and walking in grace.
✅ My crown fits even after the tears.

📝 JOURNAL PROMPT:

Write a letter to your former self—the one who was blamed, silenced, or shamed.
Tell her what you now know about grace, healing, and worthiness.

💬 DISCUSSION QUESTIONS:

1. What's one shame narrative you're breaking free from today?
2. What does your version of "sitting beside the throne" look like?
3. How will you support another sister who's still carrying shame that isn't hers?

🗝️ FINAL WORD:

You are not canceled. You are not cast aside.
Like Bathsheba, you are crowned—**even after what they said**, **even after what you lost**, **even after what you survived**.

✨ NEXT STEPS

Ready for more?

🎓 Join the **House of Women Membership** — a space for smart, spiritual women like you who are done second-guessing their worth. JOIN HERE

💎 Grab my book *The Sisters Stay Dropping Gems* for more truths from powerful women in Scripture.

📺 Subscribe to House of Women on YouTube. We're on the road to 1,000 subscribers and every single one matters.

📣 **Don't keep this to yourself! Share this study with a woman who needs to remember that she's still worthy.**