

House of Women Live Study Guide

The Woman at the Well Was Not Who You Think:

5 Things To Learn From Her

John 4:1–42

By Pastor Kim Bulgin

The Woman at the Well was not loose, she was learned.
Not desperate but *discerning*.
Not confused but *curious*.
She was a theologian. A history keeper. A woman worthy of revealing who Jesus is.

This guide will help you reclaim your voice, your story, and your calling, starting now!

GOD'S RECEIPTS (SCRIPTURE STUDY)

Spend time reading and reflecting on each of these:

- **John 4:1–42** – The full encounter with Jesus
- **Isaiah 55:1** – "Come, all you who are thirsty…"
- **Jeremiah 2:13** – "They have forsaken me, the spring of living water…"
- **Galatians 3:28** – "In Christ, there is neither Jew nor Gentile…"

🔍 WORD STUDY: "Zao" (ζάω)

Greek: ζάω (*zao*) — to *live*, to *be alive*, to *have life real and genuine.*

When Jesus offers her "living water" in John 4:10, He isn't just talking about hydration.
He's talking about *liberation.*

Revelation:
Jesus wasn't offering her more rules.
He was offering her renewal.

Take a moment and reflect:
What's the difference between surviving and truly living?
What kind of "zao" life are you being invited into?

💎 5 TRUTHS TO LEARN FROM HER

Each truth is followed by a **real-life reflection** and **spiritual activation** prompt for your journaling.

💎 1. She Wasn't Just Thirsty, She Was Theological

John 4:9–26

Women weren't allowed in theological spaces, but Jesus meets her *in dialogue*, not lecture. She asked deep questions and Jesus honored them.

Reflection Prompt:
What are the spiritual questions you've been afraid to ask out loud?
Why have you been silencing them?
Write them down. Ask boldly.

Spiritual Activation:
God can handle your curiosity.
Let your questions become the doorway to deeper truth.

💎 2. Jacob's Well Was Her Ancestor Too

John 4:12

She claims her legacy with boldness: "Our father Jacob gave us this well."
She knew who she came from and stood in it.

Reflection Prompt:
Make a list of the women who poured into you—spiritually, emotionally, ancestrally.
What gifts, wisdom, and faith do you carry because of them?

Spiritual Activation:
Say this aloud:
"I come from women who know God.
I carry a spiritual inheritance that's God-given."

💎 3. Jesus Didn't Shame Her, He Saw Her

John 4:16–18

Jesus didn't scold her. He didn't shame her. He didn't say "go and sin no more."
He simply saw her. Fully. Truthfully. Lovingly.

Historical Insight:
Only men could divorce in that era.
So five husbands wasn't a scandal, it was survival.

Reflection Prompt:
Have you been defining yourself by things that were done to you?
What would it look like to release that shame?

Spiritual Activation:
Write an unfiltered paragraph to God.
Don't polish it. Don't hide.
Let yourself be fully seen and fully loved.

💎 4. Her Ministry Didn't Require Marriage

John 4:28–30

She didn't wait for a ring, a robe, or a platform.
She ran back to her town with *testimony on fire*.

Historical Insight:
Women were only validated through men in her culture.
But Jesus sent *her* single, seemingly scandalized, and seen.

Reflection Prompt:
Have you been delaying your calling until a relationship, degree, or title?
What are you telling yourself you "need" before you start?

Spiritual Activation:
Write this in bold letters:
"God doesn't require a ring to release me."

💎 5. She Was the First Evangelist

John 4:39–42

John the Baptist may have prepared the way.
But the first **ordinary person** to run and share Jesus with a whole town...
Was *her*.
A woman. A Samaritan. With a complicated past.

Historical Insight:
Women's testimony didn't even count in court but Jesus trusted hers to spark revival.

Reflection Prompt:
What parts of your story have you been scared to share?
Who might be waiting to hear your testimony to meet Jesus for themselves?

Spiritual Activation:
Share one part of your story with someone this week.
You don't need perfect, you just need to be real.

🖌️ JOURNAL PROMPT: GET REAL WITH YOURSELF

- What's your water jar?
- What have you been carrying for survival that it's time to *leave behind*?
- How is Jesus calling you into boldness, curiosity, and testimony?

🗣️ SPEAK LIFE, QUEEN

Repeat these aloud or write them on sticky notes:

✅ My story is not my shame. My story is my sermon.
✅ I am not waiting on a ring to walk in power.
✅ I am allowed to ask questions.
✅ I am fully seen, fully known, and fully loved.
✅ I am already worthy, already chosen, already enough.

🙏 SINCERELY TALK TO GOD

Prayer:

Jesus, thank You for seeing me when others only saw my mistakes.
For calling me worthy before I cleaned up, performed, or proved anything.
I surrender my shame and take hold of Your living water.
Help me to leave behind the water jar and run with my story.
Amen.

✨ NEXT STEPS

Ready for more?

🎓 Join the **House of Women Membership** — a space for smart, spiritual women like you who are done second-guessing their worth. JOIN HERE
💎 Grab my book *The Sisters Stay Dropping Gems* for more truths from powerful women in Scripture.
📺 Subscribe to House of Women on YouTube. We're on the road to 1,000 subscribers and every single one matters.

📣 **Don’t keep this to yourself! Share this study with a woman who needs to remember that she’s still worthy.**